

Before and after-school conversation prompts

Starting school is a big milestone, and talking about the day can help children feel excited, confident and supported. These conversation prompts are designed to encourage positive discussions both before and after school. Use these prompts to create a supportive and encouraging routine as your child starts their school journey!

Before school

What are you most looking forward to at school today?

Is there anything you're curious about learning today?

Who are you excited to play with today?

What will you do if you feel nervous or shy today?

What can you do to be kind to someone today?

What do you think your teacher will talk about today?

Can you remind me of one thing you need to take to school today?

What's your favourite part of the school day so far?

How can you help a friend at school today?

What would make today extra special for you?



What do you think you'll do during playtime today?

What's something new you could try today?

Do you remember the school rules? Can you tell me one?

What makes you feel happy about going to school?

What snack are you most looking forward to having today?

Is there a song or story you hope to hear at school today?

How can you show good listening today?

What's one thing you could teach a friend today?

How do you think you'll feel when you finish school today?

If you could plan your perfect school day, what would it include?

After school



What was the best part of your day today?

Did you make any new friends? What are their names?

Can you teach me something you learned today?

What made you smile today?



Did anything surprise you at school today?

What story did you hear at school?

Did you help anyone today? How?

What games did you play during playtime?

What was the yummiest part of lunch?

Did you try something new today? How did it feel?

Who did you sit next to at lunch?

What made you feel proud today?

Was there anything tricky or challenging? How did you manage?

Did your teacher share any fun activities today?

What's something you're excited to do again tomorrow?

Can you show me something you made or drew today?

What's one thing you learned today that you didn't know before?

Did you have a favourite moment during circle time?

How did you feel when the school day ended?

If you could change one thing about today, what would it be?